

Triathlon / Duathlon Ergebnisse 2016 - Forstenrieder SC

Duathlon Krailling am 01.05.2016

10km Laufen - 42km Rad -5km Laufen

12	Stenke	Andrea	W40	2	00:50:13	01:20:12	00:25:48	02:36:13
19	Schwaiger-Drun	Andrea	W45	7	00:52:38	01:25:59	00:29:19	02:47:56
24	Schwencker	Robert	M45	3	00:40:04	01:09:18	00:20:31	02:09:53
29	Arera	Oliver	M40	4	00:40:44	01:10:26	00:20:08	02:11:18
64	Renger	Klaus	M55	3	00:44:22	01:12:49	00:22:21	02:19:32
105	Kanzi	Eugen Johann	M60	6	00:53:58	01:22:45	00:27:34	02:44:17

5km Laufen - 21km Rad -3,8km Laufen

12	Conrad	Martina	W30	7	00:29:27	00:44:53	00:21:46	01:36:06
45	Stopf	Thomas	M50	10	00:25:29	00:44:28	00:19:52	01:29:49

Drei-Flüsse-Triathlon am 08.05.2016

800m Schwimmen - 36km Rad - 10km Laufen

24	Arera	Oliver	Sen 1	6	00:16:03	01:02:57	00:42:52	02:01:52
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Triathlon Kalterer See am 09.05.2016

1500m Schwimmen - 40km Rad - 10km Laufen

139	Juen	Florian	M1	29	00:27:37	01:10:08	00:42:23	02:22:27
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Duathlon Deggendorf am 05.06.2016

Schwimmabsage

5km Laufen - 38km Rad - 10km Laufen

10	Lang	Jens	M40	3	00:18:25	01:01:00	00:40:20	01:59:46
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Triathlon in Bad Tölz am 05.06.2016

1500m Schwimmen - 40km Rad - 10km Laufen

5	Dittmar	Beate	W30	3	00:25:49	01:29:43	00:43:48	02:39:20
26	Bindl	Ulrike	W40	4	00:28:26	01:42:36	01:02:54	03:13:57
22	Willersinn	Uwe	M50	3	00:25:30	01:17:02	00:39:20	02:21:53
46	Renger	Klaus	M55	1	00:26:08	01:20:45	00:43:33	02:30:27
82	Korenko	Brono	M50	13	00:30:05	01:22:24	00:47:05	02:39:34
127	Kanzi	Eugen Johann	M60	2	00:33:42	01:32:53	01:01:30	03:08:06

Ironman 70.3 in Rapperswil-Jona am 05.06.2016

2000m Schwimmen - 90km Rad - 21km Laufen

78	Stenke	Andrea	W40	11	00:37:34	02:53:08	01:54:31	05:31:48
167	Schwencker	Robert	M45	19	00:39:30	02:26:41	01:29:57	04:42:51

Ironman Kraichgau 70.3 am 05.06.2016

1900m Schwimmen - 90km Rad - 21.1km Laufen

	Juen	Florian	M40	43	00:34:30	02:36:20	01:33:55	04:50:15
276	Arera	Oliver	M40	45	00:32:04	02:40:47	01:32:05	04:50:20
	Frank	David	M55	12	00:29:26	02:48:29	01:39:18	05:03:18

Ruderregattaschwimmen Oberschleißheim am 11.06.2016

4 km Schwimmen

Bindl	Ulrike	38	01:13:22
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Triathlon Ingolstadt am 12.06.2016

2000m Schwimmen - 77km Rad - 20,2km Laufen

40	Willersinn	Uwe	M50	2	00:32:11	01:57:35	01:31:34	04:05:57
108	Ströble	Olaf	M45	19	00:33:54	02:01:19	01:42:03	04:21:49

Triathlon am Schliersee am 19.06.2016

1500m Schwimmen - 40km Rad - 10km Laufen

81	Renger	Klaus	M55	2	00:26:29	01:36:09	00:49:12	02:53:51
129	Korenko	Brono	M50	22	00:29:48	01:44:25	00:54:48	03:10:23

Stadttriathlon Erding am 21.06.2015

1500m Schwimmen - 46.5km Rad - 10Km Laufen

35	Bindl	Ulrike	W40	9	00:26:55	01:25:26	01:05:26	03:04:26
13	Arera	Oliver	M40	1	00:24:59	01:02:51	00:40:33	02:11:06
193	Kanzi	Eugen Johann	M60	6	00:34:08	01:13:14	00:58:19	02:52:31

400m Schwimmen - 20km Rad - 4km Laufen

227	Reisinger	Peter	M50	16	00:10:56	00:41:09	00:24:19	01:22:29
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Celtman Extreme Triathlon Schottland am 25.06.2016

3400m Schwimmen - 202km Rad - 42km Laufen

16	Schwencker	Robert	MV		01:04:08	06:07:37	06:04:01	13:26:38
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Ironman Frankfurt 70.3 am 03.07.2016

3800m Schwimmen - 180km Rad - 42.2km Laufen

363	Arera	Oliver	Sen 1	22	01:03:59	05:18:04	03:23:12	09:51:56
	Willersinn	Uwe	Sen 3	10	01:02:09	05:05:18	03:47:03	10:01:17
	Frank	David	Sen 4	6	00:59:11	05:13:33	03:51:07	10:10:17
	Juen	Florian	Sen 1	39	01:11:00	05:22:11	03:43:33	10:24:11

Tegernsee Triathlon am 10.07.2016

1500m Schwimmen - 40km Rad - 10km Laufen

33	Stirnkorb	Stephanie	W30	12	00:32:39	01:22:42	00:51:51	02:50:47
50	Bindl	Ulrike	W40	13	00:27:15	01:22:27	01:11:19	03:06:20
18	Lang	Jens	M40	3	00:25:06	01:04:19	00:43:06	02:15:19
39	Renger	Klaus	M55	1	00:26:35	01:06:27	00:47:43	02:24:09
100	Mahnke	Alexander	M45	16	00:29:38	01:10:38	00:50:10	02:34:17
124	Korenko	Brono	M50	14	00:29:45	01:11:11	00:56:21	02:39:57

Triathlon Karlsfeld am 10.07.2016

1500m Schwimmen - 48km Rad - 10,6km Laufen

27	Dittmar	Beate	W30	9	00:28:05	01:25:51	00:52:47	02:50:36
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115	Biegner	André	M45	19	00:27:22	01:16:01	00:47:51	02:36:11
313	Stopf	Thomas	M50	41	00:30:55	01:25:27	00:58:28	03:00:14
349	Kanzi	Eugen Johann	M60	2	00:41:56	01:21:39	00:59:25	03:08:20

500m Schwimmen - 26km Rad - 5km Laufen

55	Conrad	Martina	W30	7	00:08:57	00:51:31	00:32:15	01:37:15
102	Löschberger	Cornelia	W55	5	00:13:32	00:53:07	00:36:09	01:50:04
264	Zinn	Michael	M35	44	00:14:03	00:48:10	00:34:20	01:42:51

Challenge Roth am 17.07.2016

3800m Schwimmen - 180km Rad - 42.2km Laufen

88	Stenke	Andrea	W40	15	01:15:30	05:32:42	04:21:00	11:14:49
533	Ströble	Olaf	M45	79	01:02:37	05:10:40	04:10:42	10:28:18

Red Bull Tri Islands am 24.07.2016

3000m Schwimmen - 40km Rad - 10,5km Laufen

17	Arera	Oliver	M40		00:51:23	01:01:55	00:50:55	03:06:56
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Powerman Austria am 24.07.2016

5km Laufen - 28km Rad - 4,3km Laufen

17	Lang	Jens	M40	2	00:19:04	00:50:19	00:17:13	01:28:22
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Ironman Zurich Switzerland am 24.07.2016

3800m Schwimmen - 180km Rad - 42.2km Laufen

415	Frank	David	M55	7	01:02:16	05:48:49	04:10:56	11:08:06
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Wörthsee Triathlon am 31.07.2016

1500m Schwimmen - 40km Rad - 10km Laufen

24	Dittmar	Beate	W30	8	00:29:50	01:18:03	00:51:11	02:42:52
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Seeüberquerung Starnberger See am 30.07.2016

4200m Schwimmen

13	Frank	David	M55		01:07:31			
41	Dittmar	Beate	W30		01:19:00			

Starnberger See Schwimmen am 06.08.2016

4000m Schwimmen

35	Lang	Jens	M40		01:04:50			
24	Bindl	Ulrike	W40		01:15:18			

Hofheimer Triathlon am 31.07.2016

1500m Schwimmen - 43km Rad - 10,2km Laufen

29	Biegner	André	M45	5	00:31:29	01:15:47	00:48:34	02:35:50
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Triathlon in Kitzingen am 06.08.2016*1670m Schwimmen - 40km Rad - 10km Laufen*

21	Frank	David	M55	1	00:16:35	01:12:52	00:43:09	02:12:36
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City-Triathlon in Bremen am 14.08.2016*1500m Schwimmen - 40km Rad - 10km Laufen*

8	Arera	Oliver	M35	2	00:25:23	01:01:39	00:41:48	02:13:08
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Allgäu Triathlon Immenstadt am 21.08.2016*1900m Schwimmen - 80km Rad - 21,5km Laufen*

143	Renger	Klaus	AK55	3	00:35:15	02:52:02	01:36:28	05:11:23
289	Korenko	Brono	AK50	29	00:38:41	03:03:56	01:54:01	05:43:58

Transvorarlberg Triathlon am 28.08.2016*1200m Schwimmen - 93km Rad - 12km Laufen*

62	Willersinn	Uwe	M50	5	00:24:12	03:26:07	01:00:27	04:54:45
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