

## Triathlon / Duathlon Ergebnisse 2015 - Forstenrieder SC

### Herzocross Duathlon am 01.03.2015

4,3 km Laufen - 15km MTB - 2,5 km Laufen

13	Arera	Oliver	M35	2	00:17:43	00:33:18	00:09:56	01:00:58
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### Duathlon Ansbach am 12.04.2015

10 km Laufen - 42km Rad - 5km Laufen

21	Arera	Oliver	M35	6	00:37:42	01:16:01	00:19:18	02:13:01
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### Duathlon Hilpoltstein am 26.04.2015

8 km Laufen - 30km Rad - 3 km Laufen

34	Arera	Oliver	M35	4				01:39:22
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### Duathlon Krailling am 03.05.2015

9,7km Laufen - 38km Rad - 4,9km Laufen

18	Kaess	Philipp	M45	1	00:33:55	00:58:00	00:18:57	01:50:52
28	Arera	Oliver	M35	4	00:37:51	00:58:21	00:19:28	01:55:40
35	Lang	Jens	M40	6	00:35:56	01:03:01	00:20:01	01:58:58
61	Renger	Klaus	M55	2	00:40:49	01:03:35	00:21:54	02:06:18
93	Korenko	Brono	M50	15	00:44:48	01:06:43	00:24:44	02:16:15
101	Kanzi	Eugen Johann	M60	2	00:46:52	01:09:24	00:25:37	02:21:53

4,9km Laufen - 19km Rad - 4,9 km Laufen

50	Köppel	Michael	M50	7	00:34:13	00:47:48	00:24:40	01:46:41
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### IM Mallorca 70.3 am 09.05.2015

1900m Schwimmen - 90km Rad - 21.1km Laufen

3926	Willersinn	Uwe	M45	14	00:31:16	02:33:39	01:39:07	04:51:30
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### Triathlon Kalterer See am 09.05.2015

1500m Schwimmen - 40km Rad - 10km Laufen

251	Juen	Florian	M1	58	00:27:29	01:11:42	00:50:27	02:31:59
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### MRRC Triathlon am 10.05.2015

400m Schwimmen - 21km Rad - 4.5 km Laufen

291	Stirnkorb	Stephanie	AK3	6				01:15:54
573	Jensen	Ulla	AK3	19				01:23:13
854	Köppel	Anne	K50W	11				01:33:24
948	Löschberger	Cornelia	K50W	17	00:11:51	00:48:56	00:31:05	01:39:16
70	Stahlkopf	Sebastian	AK4	18				01:07:41
566	Gill	Phil	K50M	52				01:22:58

### Ironman Lanzarote am 23.05.2015

3800m Schwimmen - 180km Rad - 42km Laufen

124	Schwencker	Robert	M45	18	01:18:35	05:52:52	03:35:17	10:58:18
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**Triathlon Deggendorf am 24.05.2015***1500m Schwimmen - 40km Rad - 10km Laufen*

15	Lang	Jens	M40	<b>2</b>	00:25:55	01:04:36	00:38:28	02:08:58
71	Kanzi	Eugen Johann	M60	<b>1</b>	00:36:55	01:09:34	00:51:37	02:38:28

**Triathlon in Kirchbichl am 06.06.2015***1400m Schwimmen - 38km Laufen - 10km Laufen*

91	Stahlkopf	Sebastian			00:28:07	01:14:11	00:55:07	02:39:18
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**Ironman 70.3 in Rapperswil-Jona am 07.06.2015***2000m Schwimmen - 90km Rad - 21km Laufen*

119	Stenke	Andrea	W40	27	00:37:02	02:51:30	02:02:56	05:37:54
379	Juen	Florian	M40	51	00:33:22	02:39:54	01:41:58	05:00:42

**IM Kraichgau 70.3 am 07.06.2015***1900m Schwimmen - 90km Rad - 21.1km Laufen*

2187	Willersinn	Uwe	M45	69	00:38:29	02:34:51	01:37:25	04:55:49
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**Triathlon am Schliersee am 13.06.2015***1500m Schwimmen - 40km Rad - 10km Laufen*

31	Kaess	Philipp	Sen 2	<b>2</b>	00:33:09	01:08:23	00:49:36	02:31:08
126	Renger	Klaus	Sen 3	<b>3</b>	00:28:37	01:20:05	01:01:18	02:50:00
222	Korenko	Brono	Sen 3	31	00:31:10	01:28:30	01:07:12	03:06:52

**Ruderregattaschwimmen Oberschleißheim am 13.06.2015***4 km Schwimmen*

38	Bindl	Ulrike			01:15:05			
24	Frank	David			00:58:55			
68	Kaiser	Robert			01:04:28			

**Triathlon Maxdorf am 13.06.2015***2000m Schwimmen - 85km Rad - 20km Laufen*

161	Willersinn	Uwe	M45	<b>7</b>	00:34:00	02:28:08	01:32:52	04:35:00
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**Bonn Triathlon am 14.06.2015***3800m Schwimmen - 58.70km Rad - 15km Laufen*

436	Mahnke	Alexander	M45	97	00:29:39	01:49:16	01:15:36	03:41:37
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**Triathlon Ingolstadt am 14.06.2015***2000m Schwimmen - 77km Rad - 21km Laufen*

358	Stirnkorb	Stephanie	W30	<b>8</b>	00:40:59	02:30:56	01:52:37	05:08:45
85	Ströble	Olaf	M40	12	00:32:43	02:01:56	01:41:41	04:19:30

**Stadttriathlon Erding am 21.06.2015**

1500m Schwimmen - 46.5km Rad - 10Km Laufen

363	Bindl	Ulrike	W40	13	00:28:07	01:39:33	01:06:59	03:18:35
182	Sauer	Claus	M50	14	00:30:44	01:22:06	00:53:46	02:48:27
355	Stopf	Thomas	M50	43	00:32:23	01:38:17	01:03:59	03:15:03

**Celtman Extreme Triathlon Schottland am 27.06.2015**

3000m Schwimmen - 202km Rad - 42.2km Laufen/Bergroute

63	Stenke	Andrea			01:02:32	07:40:05	07:29:05	16:25:02
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**Triathlon Chiemsee am 28.06.2015**

2000m Schwimmen - 80km Rad - 20km Laufen

136	Mahnke	Alexander	Sen2	20	00:40:30	02:32:59	01:48:11	05:07:09
15	Lang	Jens	Sen 1	2	00:24:51	01:07:55	00:39:43	02:16:50
28	Juen	Florian	Sen 1	5	00:27:46	01:09:46	00:42:30	02:24:22

1500m Schwimmen - 40km Rad - 10km Laufen

**Triathlon Tölz am 28.06.2015**

1500m Schwimmen - 40km Rad - 10km Laufen

43	Renger	Klaus	M55	1	00:26:22	01:17:38	00:42:50	02:26:51
80	Korenko	Brono	M50	11	00:29:02	01:21:12	00:48:14	02:38:28
111	Kanzi	Eugen Johann	M60	3	00:33:58	01:23:39	00:52:30	02:50:07

**Tegernsee Triathlon am 05.07.2015**

1500m Schwimmen - 40km Rad - 10km Laufen

254	Bindl	Ulrike	W40	3	00:26:48	01:23:43	01:13:06	03:09:13
24	Lang	Jens	Sen 1	1	00:24:06	01:07:15	00:44:02	02:15:23

**Triathlon Königsbrunn am 05.07.2015**

1500m Schwimmen - 40km Rad - 10km Laufen

21	Frank	David	M50	1	00:21:43	01:19:00	00:50:53	02:31:37
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500m Schwimmen - 18km Rad - 5.5km Laufen

10	Westcott	Anja	W40	1	00:09:35	00:35:47	00:28:38	01:14:00
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**Challenge Roth am 12.07.2015**

3800m Schwimmen - 180km Rad - 42.2km Laufen

230	Ströble	Olaf	M40	41	01:04:31	05:09:08	03:47:37	10:05:18
368	Willersinn	Uwe	M45	44	01:07:41	05:02:42	04:09:32	10:25:56
554	Juen	Florian	M40	104	01:10:17	05:36:46	03:55:38	10:47:13

**Leman Thonon Triathlon am 12.07.2015**

1500m Schwimmen - 40km Rad - 10km Laufen

41	Kaess	Philipp	M45	4	00:32:28	01:08:45	00:48:07	02:29:19
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### **Triathlon Karlsfeld am 19.07.2015**

1500m Schwimmen - 46km Rad - 10km Laufen

18	Dittmar	Beate	W30	<b>3</b>	00:25:17	01:23:25	00:50:43	02:43:30
66	Bindl	Ulrike	W40	15	00:27:33	01:28:25	01:07:22	03:08:48
35	Frank	David	M50	<b>4</b>	00:23:21	01:13:06	00:44:15	02:24:30
76	Renger	Klaus	M55	<b>3</b>	00:28:58	01:13:54	00:44:51	02:32:21
168	Korenko	Brono	M50	25	00:30:39	01:15:28	00:51:05	02:41:49
217	Sauer	Claus	M50	31	00:35:15	01:15:28	00:50:36	02:45:58
320	Stopf	Thomas	M50	38	00:30:17	01:25:13	00:58:36	02:59:41
352	Kanzi	Eugen Johann	M60	<b>3</b>	00:47:27	01:19:43	00:55:02	03:07:07

500m Schwimmen - 26km Rad - 5km Laufen

28	Conrad	Martina	W30	<b>5</b>	00:08:45	00:49:30	00:30:15	01:32:45
88	Löschberger	Cornelia	W50	<b>5</b>	00:13:36	00:53:48	00:33:11	01:47:26
35	Weißer	Simon	M25	<b>6</b>	00:11:38	00:40:58	00:22:39	01:19:18
86	Kaiser	Robert	M55	<b>2</b>	00:09:19	00:45:44	00:25:28	01:25:10
102	Fleischberger	Robert	M45	26	00:10:54	00:46:04	00:25:08	01:16:13
228	Zinn	Michael	M35	46	00:13:06	00:48:01	00:30:32	01:37:11
236	Gill	Philip	M50	22	00:09:58	00:52:21	00:30:32	01:38:04

### **Schongau Triathlon am 26.07.2015**

1500m Schwimmen - 40km Rad - 10km Laufen

<b>8</b>	Frank	David	M50	<b>1</b>	00:21:16	01:11:29	00:44:06	02:19:41
56	Kanzi	Eugen Johann	M60	<b>1</b>	00:31:43	01:17:46	00:54:32	02:48:01

### **Wörthsee Triathlon am 02.08.2015**

1500m Schwimmen - 40km Rad - 10km Laufen

19	Lang	Jens	MK1	<b>4</b>	00:24:45	01:03:33	00:42:14	02:13:11
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600m Schwimmen - 20km Rad - 6km Laufen

<b>4</b>	Arera	Oliver	AK3	<b>2</b>	00:12:53	00:34:07	00:24:58	01:12:16
33	Sauer	Claus	MK3	<b>2</b>	00:15:15	00:32:47	00:30:24	01:21:52
52	Kaiser	Robert	MK3	<b>4</b>	00:14:19	00:35:17	00:31:40	01:25:28

### **Starnberger See Schwimmen am 08.08.2015**

4000m Schwimmen

17	Frank	David	M50					01:03:25
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### **Triathlon in Kitzingen am 08.08.2015**

1670m Schwimmen - 40km Rad - 10km Laufen

20	Stirnkorb	Stephanie	W30	<b>8</b>	00:27:24	01:30:37	00:50:47	02:48:48
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### **Allgäu Triathlon Immenstadt am 16.08.2015**

1900m Schwimmen - 84km Rad - 21km Laufen

121	Renger	Klaus	Sen4	<b>2</b>	00:33:02	02:51:09	01:41:26	05:12:42
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1500m Schwimmen - 42.5km Rad - 10.5km Laufen

317	Stenke	Andrea	AK4	<b>5</b>	00:30:25	01:33:51	00:56:22	03:06:11
96	Schwencker	Robert	Sen1	<b>9</b>	00:32:43	01:19:52	00:44:39	02:43:13

**Inferno Triathlon am 22.08.2015**

*3100m Schwimmen - 97km Rennrad - 30km MTB - 25km Laufen*

72	Schwenker	Robert	AK1	32	01:08:35	03:58:49	02:01:04	04:09:49
						Gesamtzeit:		11:18:19

**Challenge Walchsee-Kaiserwinkel am 23.08.2015**

*1900m Schwimmen - 90km Rad - 21.1km Laufen*

155	Juen	Florian	AK40	16	00:33:44	02:41:07	01:40:48	05:00:02
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**Rottachseeschwimmen in Moosbach am 29.08.2015**

*10000m Schwimmen*

6	Frank	David						02:43:21
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**3MUC Triathlon München am 06.09.2015**

*1500m Schwimmen - 40km Rad - 10km Laufen*

43	Juen	Florian	AK40	3	00:26:08	01:12:44	00:41:10	02:20:02
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**Austria Triathlon Podersdorf am 05.09.2015**

*3800m Schwimmen - 180km Rad - 42km Laufen*

52	Brenner	Sven	M35	9	01:10:06	04:47:07	03:46:49	09:48:55
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